



7 Habits of Highly Successful People, Really?

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Have you read any of those “7 Habits of ...” books? Did any of them really help you? How and why? As a big fan of Greddie Cadmium, I was searching for what are his seven habits that I can copy and become a highly successful rock band singer. Then, I found the following interview transcript.

Erica Wallen (EW): Greddie, it's my honor that I got this opportunity to interview you today for the BBQ radio show, Tomorrow.

Greddie Cadmium (GC): Erica, it's my pleasure.

EW: Today, I would like to ask you about how you became one of the greatest rock band singers of all time, a legend.

GC: Thank you for your kind words. It's my band. My band raised me. I owe them everything.

EW: That's a very nice way to put it. But you must have the qualities that made you who you are. Not everyone can be “raised” to become a top rock band singer.

GC: You may be right. But you know, if I were in another band, I may not be where I am. In addition, you must know that my solo career isn't that successful. That's why I think it's the band. Not me. Or, at least, not just me. Of course, I love music. Well, that's probably an understatement. My passion for music is, I would say, outrageous. You know. If you have a passion, you just work hard. Right?

EW: Right. When you are on stage, we all see your passion. That is evident.

GC: By the way, you are awfully nice. Most other interviewers try to intrude my personal space in a very, very different way. They like to offend me. Some of them once asked me what are the seven *habits* of mine that other musicians can copy to become a star. Isn't that a ridiculous question?

EW: Well, I know people are terribly obsessed with those "7 habits" books. There are so many of them. But copying, for example, your clothes will never make anyone else like you.

GC: Exactly. But it's not just clothes. Everything. We need to understand the real source of accomplishments of any kind. In my case, they are my passion and my band. Those drove everything. Everything else are consequences. Of course, not all the consequences are great. I had a lot of trouble with my self and with my band. It was tremendously painful. Do you want to copy those negative consequences of mine to become successful? Of course not. It won't work. Exactly the same for positive consequences. Copying those won't make you great either. So, if you want to be a great rock band singer, don't copy any of me. Don't copy my behaviors. They are just consequences. You need to find out what makes a great rock band singer and cultivate it accordingly. In short, I guarantee you that none of the seven habits books will help.

EW: That clarifies a lot of things. It sounds very simple and straightforward. Why, then, do people still buy those books?

GC: Maybe, some of them are sufficiently ignorant that they really think that the books will make them successful. Poor folks. Some of them may actually know that these books don't work. Still, they buy books as a token of their commitment to impress other people. That's quite useless too, though.

EW: Who do you admire most? I mean, among rock band singers.

GC: There are plenty. But I want to mention John Lennon. Unlike me, he is not just one of the greatest rock band singers. He is a really good man and remarkably genuine. He understands the world and conveys right messages for the world. Of course, we all listen to him. He is a great spokesperson for humanity. No doubt about that. Should I copy any of his "behaviors" to be like him. Hell no! Nobody can copy his behaviors to be like him. Only when we have the drive and the environment that have created John Lennon, we could be like him. Sure, you could do it. But not by copying him.

EW: Greddie. I think I get your point clearly. Thank you so much for joining us today.

GC: My pleasure. Best wishes.